

## Rising Star Studios Class Descriptions Fall 2010 Session I September 13<sup>th</sup> – October 21<sup>st</sup>

### ***Clay Objects***

Instructor: Jane Bresser

Learn the basics of clay as we make objects such as a pinch pot, a mug, and a bowl. We will also glaze the clay objects so that these pieces are ready for everyday use and are microwave/oven/dishwasher safe.

### ***Intro to Computers***

Instructor: Dave Capano

The course will be tailored to meet the needs of the participating students. Possible topics include how to use e-mail, including building an e-mail address book, how to surf the internet, introduction to social media and basic use of Word and Powerpoint.

### ***Jewelry Making***

Instructor: Jane Bresser

Join Artist Jane Bresser as she creates various jewelry pieces and mosaics. Students will make necklaces and bracelets being as creative as they like. Jane and your child will create wonderful pieces to be treasured forever!

### ***Life Skills – Healthy Cooking***

Instructor: Alison Vodnoy

Participants will learn how to prepare a menu for easy healthy cooking and how to shop for nutritious food and prepare it. The class will also cover healthy dining-out alternatives and kitchen safety.

### ***Mosaics***

Instructor: Jane Bresser

In this class, we will take glass beads and other clay pieces and make mosaic flower pots and ornamental yard art.

### ***Multi-media Art***

Instructor: Peg Kendall

Students will draw, paint and create art using various media. They will receive individual instruction on the value of content and color in their creations. Students will be encouraged to explore art further in areas of their own interest, while working at their own pace.

### ***Photography***

Instructor: Dave Capano.

Participants will learn to tell a story through photography. The main emphasis will be on creative expression using whatever cameras students have access to, whether it is film, digital, or even cell phone. The class will also integrate basic photography skills such as holding the camera still and what makes a good picture. Intermediate topics (such as manual exposure) are offered to students that wish to push themselves to this level.

### ***Yoga & Movement***

Instructor: Alison Vodnoy.

This class consists of a combination of basic techniques in stretching, yoga, and other forms of movement. Students will explore yoga postures as adventures that connect us to the world around us, and uses movement and breath to focus and ground energy.